

Lutterloh Patterns Newsletter

No 20 - February 2007

Any day spent Sewing.....is a GOOD DAY!!

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Camisole/Tops

It's nearly Autumn our side of the world and Spring in the other side of the world so both of us has got all those in between weather to cater for.

In my opinion there is nothing as quick and as satisfying and versatile to sew as the "cami". There are so many options: you can make a plain one or dolly it up with some lace or beading or embroidery. Make it all in one - easy sewing one, changing just the necklines to shaped, straight, round or a soft cowl neckline. Or make it a Shaped fitted bustier type "cami" with all the different princess lines.

Okay, we've got our pattern going and were playing. But before you actually start I want to give you some tips in measuring when you're doing something like this. **Very important..... this is classified information on the Lutterloh System - My top secret.** *REMEMBER THIS ONLY WORKS WITH STRAPLESS TOPS, SPAGHETTI STRAP TOPS and CAMISOLE*

Please if you're a beginner with Lutterloh Patterns don't read this, ignore till you're more advanced with the patterns. Those of you that know me..... here we go, a little bit of cheating!

Bust measurement is not over the shoulder blades slanting towards the fullest part of the bust in the front, but just a straight measurement over the bra-line at the back straight to the fullest part of the bust in the front. (You see you don't need all the ease of the fabric going over the shoulder blades because there is no fabric there.)

You need it fitted more or less where your bra line is or just above the bra line on the back, this is usually where the back of the camisole is going. The bust measurement is a straight line all around the body!

Hip measurement is not the widest part taken from waist going down to the knees, whichever is the widest, but take it where you would like the hemline of the top to be. So start at waist and just go down to where ever you want the top to end. I say this because some of us - the widest part is way down on the thighs. Now if you do your top to this measurement using these hip measurements, it most probably will flare out to much and we don't want that. Just nice and snug against your actual body!

Online Projects

We have added two WebPages to our website namely [Online Projects](#) & [Show and tell](#):

Lutterloh Patterns (NZ) is now offering **Online Projects** (Skirts, T-Shirts & Trousers) to students all over the world. Each project will have a different scheduled commencement date and will run for 2 weeks with all of your course work and discussions online. The **Online Projects** will be conducted on a similar basis as our Online Classes.

We will use patterns from the Lutterloh Pattern Collection. If you don't have the pattern, we will supply it. Sewing instructions will also be provided. You will draft the pattern in you size, sew it up and fit...and then the real fun starts! For more info click [HERE](#)

TREAT YOURSELF TO A NEW LEARNING ADVENTURE!

Show & Tell: We have decided to place some pictures of our clients with their creations using the Lutterloh Patterns on our website...to show off a bit. Please email us some more!!!

Supplement # 264 (Spring edition)

The most recent Supplement # 264 (Spring) arrived yesterday.

Skirts:

Great skirt style – Most interesting stretch skirt on waistband draping at waist coming in to narrow hemline! Denim skirt with waistband, with open-end zip and side pockets

Flared bias overlap skirt with waistband doubling as band to tie skirt! Straight pencil skirts, mini, also one with added frill at bottom hem.

Trousers:

Smart trousers with pleat or with darts. Excellent Bermuda shorts, different lengths and cuffs if wanted.

Dresses:

Dresses galore!

The first dress is most interesting with retro cap sleeve and collar or changed to waistlength no collar and sleeves. The bottom half of the dress is either pleated or gathered at waist or hips, it's cut double the length so it's folded up back (this will be your hemline) and sewn back at waist to give you the slight puffed look, most interesting – just have to try this one!

With the right fabric choice it would make out some good wedding, brides maids or prom dresses, long and knee lengths. Interesting necklines with sleeves or sleeveless.

Tops - All sorts:

T-shirt rugby style with zip or buttons very good pattern to use for either golf or tennis shirt. Shirts with collars and added frills, tie-

neck collar and with interesting sleeve and cuff details.

Vests could also wear on it's own, nice and fitted with collar. Most of the dresses we can use as tops as well and they will look great. I'm doing the camisole and inserting some left over lace!

Jackets:

Loose casual jacket with zip or buttons. Denim style jacket or dress with shaped yoke at front and back.

Fuller figure:

You got spoiled in this supplement!

A proper trouser suit, with jacket one button, using satin as reverse collar and a good camisole, insert some lace and you will be the talk of the town.

Stretch patterns - V-neck shaped princess blouse with neck tie as a collar, narrow legs trousers in stretch and 4 gore skirt.

Again princess style top with great jacket and straight skirt all in that favourite knit fabric you have in your stash for ages. Then at last we got some leggings in the fuller figure patterns and two great T-shirt patterns with a French dart just what we needed before I could ask for it!

Men's Pattern:

The coolest of cool princess line jacket and a good trouser pattern that can be made more casual using corduroy or denim!

The 40 patterns are available at US\$20 plus shipment. You can also subscribe for a full year and receive 4 supplements of 40 patterns each for US\$60 plus shipment. To order please go to the [ORDER](#) link and follow the instructions on our SECURE website.

ENJOY THE SEWING JOURNEY

Sewing Tip - Stitching with stretch

Although most special techniques for knits are designed to maintain the natural stretch in the fabric, in some situations it is equally important to use sewing methods that limit that stretch. Use these methods to stabilize, or stay, a seam permanently, in the order to preserve its shape, make it durable or prevent the knit fabric from stretching. Stabilize seam at shoulders, neckline, and waist.

I like using clear elastic to stabilize shoulder seams and some side seams, and Iron-on interfacing to stabilize necklines. Please remember to use a stretch needle and enjoy the sewing!

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